WELCOME HOME

LIVE

WORK

PLAY

VANGUARD LANDING

Where Exceptional People Lives Extraodinary Lives

GROWING TOGETHER, BRANCH BY BRANCH

This guide is your go-to resource for understanding the journey to becoming a resident at Vanguard Landing. Inside, you'll find everything you need to know — from the first steps of applying to preparing for move-in day. Our goal is to empower individuals to grow, belong, and thrive in a vibrant community built on purpose, independence, and connection. We're excited to help you explore whether Vanguard Landing is the right fit for your loved one's future.

What's In This Guide:

- Resident Qualification Criteria
- Application Review Process
- Abilities Assessment Interview
- Vanguard Individualized Plan (VIP) Development
- Fee Review and Placement Meeting
- Transition Program
- Move In Day and Beyond

RESIDENT QUALIFICATION CRITERIA

At Vanguard Landing, we're committed to building a supportive, inclusive community where adults with intellectual and developmental disabilities can truly thrive. To help ensure that each resident is set up for success, we follow specific residential guidelines designed to promote safety, independence, and connection.

Meeting these criteria is an important step in the journey — but it does not guarantee placement. All applicants must complete our full application and review process to be considered for residency.

- Residents must be at least 18 years of age
- Residents must be diagnosed with an Intellectual or Developmental Disability (IDD)
- Residents with a history of aggressive or violent behavior will not be granted residency. Other behavioral issues will be assessed on a case by case basis
- We work closely with each family and support system to ensure we can adequately serve the applicant. We individualize everything, so don't hesitate to email info@vanguardlanding.org with any specific questions about criteria.

Meeting these requirements does not guarantee residency. Every applicant must still be assessed to qualify for potential residency.

APPLICATION REVIEW PROCESS

The first step toward becoming part of the Vanguard Landing community is to complete and submit our **Admissions Application.** A thorough application helps us get to know your loved one — their strengths, needs, and goals — and helps us determine whether Vanguard Landing is the right fit to support their next chapter. This isn't the ONLY way we get to know your loved one, but it's the starting place for the rest.

In the **application**, you'll be asked to share key information such as:

- General demographics
- Diagnosis and support needs
- Social and daily living skills
- Medical and safety considerations
- Financial Capability and Plans for now and the future

Our Admissions & Abilities Assessment Director and Admissions team of Directors will carefully review your submission and reach out if any additional details are needed. At the same time, our Financial Review Team will assess the financial portion of your application to ensure all areas are complete.

You'll be informed each step of the way — and if Vanguard Landing looks like a great match, we'll let you know as soon as possible! You will receive a mailed letter notifying you of our team's decision.

Once your application has been approved, families are invited to confirm their place in our community by submitting a one-time $10,000 Admissions Fee. This step officially secures your loved one's spot on our **Incoming Residents List,** which helps us plan move-in dates based on availability and readiness of our residences.

Incoming Residents are assigned a number on the list and will be invited into the next phase of Admissions.

After your loved one joins the Incoming Residents List, you'll be invited to participate in an A**bilities Assessment Interview**:

- A warm, conversational meeting with our Admissions Director where she learns more about your loved one, discusses support needs, and answers your questions. We encourage you to invite your loved one to join if comfortable!

ABILITIES ASSESSMENT INTERVIEW

At Vanguard Landing, we believe that independence looks different for everyone — and we're here to support each resident in building a life that fits their unique strengths, needs, and goals. The **Abilities Assessment** is a thoughtful, supportive process that helps us better understand a prospective resident's readiness for independent or supported living. Rather than a test, it's a collaborative tool used to identify:

- Areas of strength
- Skills still developing
- Support needs for thriving in a community setting

To begin, our Admissions & Abilities Assessment Director will schedule a meeting with the prospective resident and their family or guardian. This meeting typically takes place in the comfort of your home or another familiar setting to help everyone feel at ease.

Using what we learn during the Abilities Assessment — along with insights from the prospective resident and their family — our team will:

- Draft a Resident At A Glance - to highlight the information we've captured and ensure we understand the full scope of needs
- Create a draft of the first 60 days of the resident's individualized support plan tailored to promote independence and success at Vanguard Landing. We call this our "VIP" for "**Vanguard's Individualized Plan**."

Families will also receive recommendations for helpful life skills to begin practicing now, so the transition into our community feels smooth, supported, and exciting.

Areas of Assessment

- Review Medical History and Scope of Current Medical Needs
- Skills Inventory (hygiene, safety, dressing, eating, etc.)
- Safety Away from Home
- Safety at Home
- Resident's Interested, Likes/Dislikes
- And anything else that anyone wants to discuss

VANGUARD INDIVIDUALIZED PLAN (VIP) DEVELOPMENT

After the Abilities Assessment is completed, our Admissions & Abilities Assessment Director will work closely with the prospective resident, their family, caregivers and other Directors to create a Vanguard Individualized Plan (VIP) — a custom roadmap designed to support each person's success and independence at Vanguard Landing.

The **VIP** outlines key areas of focus, such as:

- Self-care and daily living skills
- Social and communication skills
- Household responsibilities
- Community involvement and integration

It also details the resident's direct support needs, assigns the appropriate service tier, and includes strategies tailored to help each resident thrive.

If it's determined that a resident will need additional support beyond what is included in our residential program, Vanguard Landing will work collaboratively with families to identify next steps. In such cases, the family may be asked to cover the cost of supplemental support.

To ensure transparency and partnership, our team will:

- Facilitate open communication between families navigating similar needs
- Coordinate meetings to discuss concerns and creative solutions
- Develop a shared responsibility framework that clearly outlines the roles of families, staff, and other providers

Our team will create an initial 60 day VIP and we, along with the resident and family will review and sign. This covers their first 60 days at VGL. Following this time, there will be the Annual VIP that is created and enacted. This will be reviewed annually, but we recognize that needs can evolve. If additional reviews become necessary, we will communicate directly with the resident's parent, primary caregiver, or guardian.

At Vanguard Landing, we are committed to remaining flexible, responsive, and proactive in helping every resident grow, belong, and thrive.

FEE REVIEW AND PLACEMENT MEETING

This meeting takes place once all other steps are completed. This crucial meeting is where our team can communicate the Fees and Placement/Move In Date for your loved one.
The fees will be discussed all throughout this process, so this meeting is not the first this is discussed, but it's where we specifically show the actual expectation for your loved one to move in.

We review your Resident At a Glance to ensure we have everything we need to begin creating the 60 day VIP.

At this meeting, we also share your loved one's move in date, cottage/townhouse, and which room they'll be moving in to! Lastly, you'll receive your **Transition Program Booklet!**

TRANSITION PROGRAM

In order to prepare future residents for their life at Vanguard Landing, we've created a Transition Program Booklet to walk your family through all the ways that you can help them prepare for living at Vanguard Landing! Depending on the timing of your application submission, this transition period could be as much as 3-5 months.

Our Transition program is person-centered, flexible, and comprehensive. The goal of the Transition Program is to equip residents and their families prior to move-in, with exposure to the skills, confidence, and resources to participate in tasks and activities at Vanguard Landing. Topics include:

- Health and Wellness Topics
- Safety and Emergency Preparedness
- Social and Communication Skills
- Time Management
- Family and Peer Support
- Housekeeping/Laundry
- Meal prep /meal choices
- and MORE

The transition program includes monthly checkin Group Calls (and additional calls if needed). You'll have plenty of time to ask questions, brainstorm with our team, and plan wisely for your new chapter!

MOVE IN DAY AND BEYOND

Moving into a new home is a big and exciting milestone — and at Vanguard Landing, we're committed to making that transition smooth, joyful, and filled with support every step of the way.

Our orientation process is intentionally designed to empower new residents as they embrace independent or supported living with confidence. Through a blend of structured support, personalized guidance, and hands-on learning, we help each individual settle in, build routines, and begin thriving in their new community.

During the orientation period, families and caregivers will receive weekly updates sharing how their loved one is adjusting, participating in daily life, and where additional support might be needed. We believe in strong collaboration with families — your insight, encouragement, and partnership are a valued part of this transition journey.

We recognize that every resident's path is unique, so our approach remains flexible and person-centered to ensure each individual feels safe, seen, and supported from day one.

As part of your ongoing connection with Vanguard Landing, families and caregivers of new residents will be invited to join our Family Group — a meaningful way to stay involved and make a difference. This group helps enrich life on campus by organizing events, supporting programming, and fostering a vibrant sense of community.

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Scan this QR code for additional information of visit our website at www.VanguardLanding.org