Vanguard Landing, Inc. Admissions Packet





VANGUARD LANDING APPLICATION FOR ADMISSIONS

2133 Upton Drive Suite 125 Box 272 Virginia Beach, VA 23454 www.VanguardLanding.org

Vanguard Landing is an exciting new option as a planned community within a community for adults with mild to moderate intellectual disabilities.

We are excited that you are interested in Vanguard Landing for your family member or yourself!

Our Admissions Process:

- Complete these packets (one admission and one financial) and compile ALL required documents from our *Admissions Document Checklist*.
- Mail the Completed packets with Checklist on top with photographs and checks to us at the address above.
- Checks: These fees are non-refundable
- One made out to Vanguard Landing for the program you are applying for: \$500.00 for the Day Program
 \$1000.00 for the Residential Program
- 2) One made out to Vanguard Landing for \$350.00 for the financial team to review.
- If the candidate's application is initially approved we will contact you to discuss enrollment and the intake procedures. If there are any questions or additional information needed, we will also contact you.



• Our fee structure information is as follows:

Day Program only:

Registration fee (one time) \$500.00 Evaluation/Intake (one time) \$1000.00 Monthly Tuition \$995.00

Residential Program:

Registration fee (one time) \$1000.00 Evaluation/Intake (one time) \$2000.00 Monthly Tuition:

- \$3600.00 for one of the bedrooms in the five-bedroom cottages shares bathroom with one other resident
- \$3780 for one of the bedrooms in the five bedroom cottages with private fully accessible bathroom.
- \$3900 for a two bedroom townhome
- \$4000 for a one bedroom townhome

(Monthly Tuition includes **everything except** health insurance, medical costs, prescriptions, special toiletries, clothing, spending money, long distance trips, travel)

• In the event that the candidate is not initially accepted we will meet and discuss reasons, possible solutions if needed.

If you have any questions about this Application Process, please do not hesitate to contact our:

Admissions Director, Laure Haddock at laure.haddock@VanguardLanding.org

If you have other questions please contact our

Executive Director, Debra B. Dear at ddear@VanguardLanding.org



VANGUARD LANDING Admission Documents Checklist

☐ Completed Admissions Application with one check made out to Vanguard Landing in the amount of \$500.00 for the Day Program or \$1000.00 for the Residential Program and a second check made out to Vanguard Landing in the amount of \$350.00 for the financial review.
☐ Most recent psychological evaluation (ex. Wechsler Intelligence Scale, Vineland Testing, etc.)
☐ Current medical physical (to include results of TB skin test or chest x-ray)
☐ Results of lab/blood work (to include Chemistry Profile, CBD, and HIV exam)
☐ Current list of medications
☐ Immunization Records
☐ Recent photograph of potential candidate
☐ Recent family photograph
☐ Copy of Social Security card
☐ Copy of photo ID or driver's license *
☐ Copy of SSI or SSDI eligibility information/award letters
☐ Copy of Medicaid or Medicare card *
☐ Copy of medical insurance card *
☐ Copy of birth certificate *
☐ Legal Documentation of Guardianship (if applicable)
☐ HIPPA Medical Release of Records from Primary Care Physician(s) and all Specialists (included in packet)
☐ Media/Photo Release (included in packet)
☐ Educational Release of Records from public/private education (included in packet)
☐ Criminal Background Check (included in packet)
** The testing information is necessary in order for Vanguard Landing to properly prevent any transfer that

** The testing information is necessary in order for Vanguard Landing to properly prevent any transfer that could occur if the candidate is accepted for admission. This confidential information will not directly affect the candidate's admission status.

*Please note that if the candidate is accepted for admissions, Vanguard Landing would prefer to have the original documents for a resident file.



Please attach the following:

- Recent individual and family photo
- \$500.00/\$1000.00 processing fee (non-refundable)
- \$350.00 financial team review (non-refundable)
- Application will not be reviewed unless photo(s) and fee are attached.

Check (One:
---------	------

☐ Residential/Vocation	al Pro	gram					
☐ Vocational Program (Only (Day Program)					
Date of Desired Placeme	ent (if	known)					
Applicant's Full Name					[Date of E	Birth
Street Address			City			State	Zip
Telephone Sc	ocial S	ecurity Number	Heigh	t	Weigh	nt	Sex
Mother's Name		Home Email Address				Home	Telephone #
Home Address			City	State	Zip		Cell Phone #
Occupation/Name of Com	pany	Business Email	l Addre	ss		Busine	ss Telephone#
Father's Name		Home Email Address				Home	Telephone #
Home Address			City	State	Zip		Cell Phone #
Occupation/Name of Com	pany	Business Email	Addres	s		Busine	ss Telephone#



Legal Guardian (if applicable or other Than Parent)			Relationship	
Home Address		City	State	Zip
Occupation/Name of Company	Em	ail Address (Hor	me and/or Busin	ess)
Home Telephone #	Business Te	elephone#	Ce	II Phone #
Names and ages of applicant's sibling	ngs:			
Please indicate the person or agenc	y that referred y	ou to Vanguard	Landing:	
Have you attended a tour of Vangu If yes, please check on of the follow		□ YES	□ NO	
☐ Regular Tour	☐ Virtual T	our	☐ Persona	ıl Tour



Please list family references in the following categories:

1) PERSONAL (Friend, Neighbor, Etc.)			
Name	Home Telephone #	Ce	ell Phone #
Address	City	State	Zip
2) PROFESSIONAL (Co-Worker, Supervise	or, Etc.)		
Name	Home Telephone #	Ce	ell Phone #
Address	City	State	Zip
3) FINANCIAL (Banker, Financial Planner,	Etc.)		
Name	Home Telephone #	Ce	ell Phone #
Address	City	State	Zip
ne parent/guardian will receive a monthly SI, family financial contributions, Medicaid nat the family has set up. Monthly tuition neck.	I (if the individual has a wai	ver) or any o	ther funding
o you understand your financial commitrdingsion's Procedure?	ment to Vanguard Landing	as described	in the
ease Check one of the following:	□ YES □ I	NO	



VANGUARD LANDING SCHOOLS/PROGRAMS/VOCATIONAL HISTORY

CHEC	K ALL SITUATIONS IN WHICH THE APPLIC	ANT HAS P	ARTICIPAT	ED		
☐ Day	School	☐ Compe	titive Employ	ment		
☐ She	Itered Workshop	☐ State School				
☐ Gro	oup/Family Care Home	☐ Private	School			
	ependent Living Situation	☐ Other, (Explain)				
	E COMPLETE THE FOLLOWING INFORMATION ON e use the back of this page is more space is neede		AM:			
1)						
±,	Name		Dates			
	Address	City	State	Zip		
	Type of Situation (Refer to list at the top of the page)					
	Reason for Leaving					
	Person to Contact for More Information	Tele	ephone #			
2)						
	Name		Dates			
	Address	City	State	Zip		
	Type of Situation (Refer to list at the top of the page)					
	Reason for Leaving					
	Person to Contact for More Information	Т	elephone #			



3)				
•	Name		Dates	
	Address	City	State	Zip
	Type of Situation (Refer to list at the top of the page)			
	Reason for Leaving			
	Person to Contact for More Information	Т	elephone#	
1)				
	Name		Dates	
	Address	City	State	Zip
	Type of Situation (Refer to list at the top of the page)			
	Reason for Leaving			
	Person to Contact for More Information	Т	elephone #	



PLEA	VANGUARD LANDING ASE ANSWER THE FOLLOWING QUESTIONS:
1)	Please describe the applicant's general health, including special medical problems and/or physical disabilities.
2)	Please describe the applicant's communication abilities:
3)	Please describe the applicant's social/emotional state most of the time (for example: withdrawn, hyper-verbal, frustrated, sociable, even-tempered, etc.)
4)	Does he/she prefer to be with peers, family, someone older or alone? Please explain:
5)	Please describe the applicant's self-help skills (What does someone need to do daily to help the applicant?)



6)	Please describe the appl	icant's daily rou	ines and leisure (free tim	e) activities.
7)	What do you see the app	olicant's function	al abilities to be? (self-hel	p skills, daily living skills
8)	What do you think the a	pplicant feels ab	out his/her disability?	
9)	What are the applicant's	s specific aptitud	es, interests, and/or strer	ngths?
10)	Has the applicant ever b	een involved wi	h any of the following?	
	Tobacco Use	\square YES	\square NO	
	Drug Abuse	☐ YES	\square NO	
	Criminal Activity*	☐ YES	\square NO	
	Sexual Misconduct	☐ YES	\square NO	
	If you answered YES to	any questions pl	ease explain:	

 $[\]hbox{*Criminal background check is required for all previous residential city/states}.$



					_
	ise describe your goals and guard Landing can accomp		plicant and	what you hope	
le	ase list three (3) individual	's (different from those	listed on the	e previous pages) v	vho
vo	rked or known the applica	nt closely.	listed on the	e previous pages) v	vho
		nt closely.		e previous pages) v Cell Phone #	who
vo	rked or known the applica	nt closely.			who
vo	rked or known the applica Name	nt closely. Home Te City	lephone # State	Cell Phone #	who
,)	Name Address	nt closely. Home Te City	lephone # State	Cell Phone # Zip	who



Disclosure of Educational Records

MEDICAL HISTORY

This part of the form must be completely filled out by parents or guardians. Information must be typed or printed. If the answer is "No" or "None", please indicate by writing "No".

Applicant's Name	Birthdate:
Address	Telephone:

IMMUNIZATION RECORD

	Date	
Measles		Must have had or been vaccinated
		with live vaccine since 1968.
Mumps		Must have had or been vaccinated
		with live vaccine after 12 months of
		age
Rubella		Must have had or been vaccinated
		after 12 months of age.
Tetanus & Diphtheria		Series of three doses – second dose
		4-8 weeks after 1 st dose; third dose
		6-12 months after second dose
Tetanus Booster		Should be given every 10 years.
		Please give date of last booster.
Polio- Indicate OPV or IPV		Series of Trivalent Oral Polio (OPV)
		vaccine at 2, 4, and 18 months of
		age; or if taken 4 doses of Inactive
		Polio Vaccine, continue IPV every 5
		years until 18 years old. (List last 3
		vaccinations)
Tuberculosis		Negative chest x-ray or Tine Test in
		past year
Hepatitis B		3 injections – 2 nd dose 1 month
		after 1 st dose; 3 rd dose 6 months
		after 1 st dose.



MEDICAL HISTORY (Continued)

lame of applicant's រុ	orimary priysician.					
				Telephor	ne	
address			City	State		Zip
as the applicant hac	d a dental examinat	ion in the past thre	e years?			
] YES	□ №					
lame and address of	dentist:					
ddress			City	State		Zip
lease list other spec	ialists who have tre	eated or are treating	g the applicant:			
Name	Ad	Idress/City/State/2	ip.	 	Telephon	e Number
s the applicant on ar	ny regular medicatio	nns?	☐ YES	□ NO		
f yes, pleas list below					ach.)	
		1				
Name of Medication	Dosage/Frequency	How does the Applicant take the	Reason for Rx	Prescr	ribed By	When
		medication				Prescribed



MEDICAL HISTORY (Continued)

ALLERGIES/RESTRICTIONS

Is the applicant allergic to any medications? If y	es, please list:
Is the applicant allergic to foods, pollens, insect describe reaction and what treatment is usually	bites, skin contacts, substances, etc? If yes, please necessary:
Does the applicant have any dietary restrictions	? If so, please list:
If on any medications/injection for allergies, ple frequency:	ase give name of medication/injection, dosage and
Prescribed by:	
FAN	11LY HISTORY
	in families, please provide the following information: If ny of the following conditions or problems, please plicant.
Hypertension	Stroke
Heart Attack	Kidney Disease
Diabetes	Gout
Cancer	Arthritis
Migraines	Glaucoma
Epilepsy	Other



Health History

If the applicant is prone to (or has had) problems with any of the following, please indicate YES or NO. If YES, explain in the space provided. Also list preferred treatment, if applicable. If extra space is needed, use a separate piece of paper and attach.

Conditions	Yes	No	Explanation
Anemia			
Arthritis			
Balance Problems			
Cancer			
Chest Infections			
Chicken Pox			
Cold/Sinus Problems			
Depression			
Diabetes			
Diarrhea or Constipation			
Digestive Problems			
Ear Infections			
Emotional Problems			
Epilepsy			
Eyes			
Fainting Spells			
Glasses (attach Rx)			
Glaucoma			
Head Injury			
Headaches			
Hearing			
Heart Problems			
Hepititis			
High Blood Pressure			
Menstrual Problems			



Health History (Continued)

Conditions	Yes	No	Explanation
Mumps			
Muscle Problems			
Neurological Problems			
Pneumonia			
Polio			
Pregnancy			
Psychiatric Problems			
Sleep Disorders			
Speech Disorders			
Stomach Trouble			
Stroke			
Swallowing Difficulty			
Thyroid Problems			
Tuberculosis			
Use of Prosthetics (canes, walkers, lifts, etc)			
Venereal Disease			
Scars, Lumps, bumps			
UTI's			
History of Fractures			
Motor Problems (walking)			
Spinal Deformity			
Chronic Back Problems			
History of Bruising			
Heat or Cold Intolerance			



Health History (Continued)

HISTORY OF ILLNESS/HOSPITALIZATION/SURGERY

Please list all childhood diseases (mumps, measles, chickenpox, etc.)					
Has applicant had more than a brief illness i	n the past three	years? □YES	□NO		
If YES, when?	Describe				
Name & address of attending physician:					
Address	City	State	Zip		
Has the applicant ever been hospitalized?	□YES	□NO			
If YES, when?					
Please list the hospital and address:					
Address	City	State	Zip		
Reason:					
Has the applicant ever had surgery?	□YES	□NO			
If YES, when?					
Please list the hospital and address:					
Address	City	State	Zip		
Description:					



Health History (Continued)

IMPORTANT

	nformation you feel should be provided which is a factor that could alth, and well-being of this individual at Vanguard Landing, please
_	
The information in the	e medical history is correct to the best of myknowledge.
 Date	Signature of Applicant (if applicable)
Date	Signature of Applicant (II applicable)
	Signature of Parent/Guardian/Family Member



AUTHORIZATION FOR RELEASE OF INFORMATION

	(Applicant)
to release sa	id information they hold on him/her to Vanguard Landing, Inc.
	Parent/Guardian Signature
	Date
Copies of this relea	ase may be used to obtain information from anyone listed on
	application for acceptance into Vanguar
Landing, Inc.	
	Parent/Guardian Signature
	 Date



Candidate's Religious Affiliations (optional)

Church/denominational preference:
Frequency of attendance:
Other religious interests/activities:
Candidate's Leisure and Recreation Interests
Hobbies:
Favorite sports and athletics:
Level of participation in the sports listed above:
Assistance/Guidance needed for any recreational activities:
Past Special Olympics activity:
Personal and Social Development Reading, speaking, listening strengths:
Reading, speaking, listening limitations:



Does the candidate socialize well with others?	
How does he/she handle disagreements?	
Does the candidate have a history of aggression or threatening physical or verbal behaviors?	
\square YES \square NO If YES, please explain the frequency of this behavior, the possible causes/environmental triggers, and the consequences of such activity:	d
Does the candidate feel remorse for his/her aggressive or threatening behavior?	
Activities of Daily Living Please describe the candidate's abilities to perform the following activities. Be sure to include the level assistance required (if applicable).	el of
Mobility/ambulation:	
Communicating needs:	
Personal grooming and dressing:	
Orientation/Disorientation:	



Bowel and Bladder management:
Bathing/Showering:
Eating:
Social Etiquette (table manners/politeness):
Awareness of time/day (clocks/calendars):
Use of public transportation:
Cooking:
Laundry and house cleaning:
Managing personal finances:



Alcohol Use Does the candidate consume alcoholic beverages? \qed YES \qed NO If YES, please describe the frequency of consumption: Does the candidate have a history of drug dependency or abuse? \Box YES \Box NO If YES, please explain: _____ **Sexual History** Does the candidate have a history of sexual activity? \Box YES If YES, please explain: Does the candidate understand the cause and effect relationship between sexual intercourse and ☐ YES \square NO pregnancy? **Criminal History** Briefly list and describe all candidate's arrests, convictions, probations, probation violations, or pending criminal charges, if any:



VANGUARD LANDING Applicant Skills Inventory

Please check the level of assistance needed for each area.

Please check the level o	j assistance neede	Verbal Help	Demonstration	Physical Help	CannotDo
Skill Area	Independent	Needed	Required	Needed	Task
DRESSING SKILLS	•		-		
Selects own clothing					
_					
Selects clothing					
appropriate clothing					
for weather/occasion					
Buttons					
Zips					
Ties Shoes					
Snaps					
Dresses for Bed					
UNDRESSING SKILLS					
Unbuttons					
Unzips					
Unties Shoes					
Unsnaps					
Puts dirty clothes in					
hamper					
CLOTHING CARE					
Washes/Dries clothes					
Hangs clothes					
properly					
Folds and puts					
clothes away					
HYGIENE SKILLS					
Washes face/hands					
Bathes/showers					
acceptably					
Prepares own water					
Washes/dries self					
Brushes teeth					
Shampoos hair					
Blows dry hair					



Skills Inventory (continued)

Skills Inventory (continue	,	Verbal Help	Demonstration	Physical Help	CannotDo
Skill Area	Independent	Needed	Required	Needed	Task
HYGIENE SKILLS					
Shaves self with					
electric razor					
Shaves self with safety					
razor					
Cleans eyeglasses					
Uses deoderant					
Cares for self during					
menstrual period					
EATING SKILLS					
Drinks from a					
glass/cup					
Uses a fork					
Uses a spoon					
Uses a knife					
Uses appropriate table					
manners					
Assists in setting table					
SOCIAL ADJUSTMENT					
Is cooperative with					
peers					
Obeys rules					
Takes medication					
Follows Directions					
Can travel area					
surrounding his/her					
residence alone					
Checks in with					
responsible party					
before leaving present					
location					
Interacts well with					
others in one-on-one					
situations					



HIPAA Privacy Authorization Form

Authorization for Use or Disclosure of Protected Health Information (Required by the Health Insurance Portability and Accountability Act, 45 C.F.R. parts 160 and 164) **1. Authorization** (health care provider) to use and disclose I authorize the protected health information described below to Vanguard Landing, Inc. **2. Effective Period** This authorization for release of information covers the period of healthcare from a. 🗆 ______ **to** _____ **OR** b. \square all past, present, and future periods **3. Extent of Authorization** a. \square I authorize the release of my complete health record (including records relating to mental healthcare, communicable diseases, HIV or AIDs, and treatment of alcohol or drug abuse). **OR** b. \square I authorize the release of my complete health record with the exception of the following information: ☐ Mental health records ☐ Communicable diseases (including HIV and AIDS) ☐ Alcohol/drug abuse treatment ☐ Other (please specify)



HIPAA (continued)

5. This medical information may be used by the person I authorize to rece for medical treatment or consultation, billing or claims payment, or other I direct.	
6. This authorization shall be in force and effect untilevent), at which time this authorization expires.	(date or
7. I understand that I have the right to revoke this authorization, in writing, at any time. I understand that a revocation is not effective to the extent that any person or entity has already acted in reliance on my authorization or if my authorization was obtained as a condition of obtaining insurance coverage and the insurer has the legal right to contest a claim.	
8. I understand that my treatment, payment, enrollment, or eligibility for conditioned on whether I sign this authorization.	benefits will not be
 I understand that information used or disclosed pursuant to this author disclosed by the recipient and may no longer be protected by federal laws. 	•
Signature of patient or personal representative	

Printed name of patient or personal representative and his/her relationship to the patient



Guardianship Statement

Complete either Section I or II below:

Section I	
Attached is a copy of a court-executed guard	lianship order declaring
	_to be the lawful guardian(s) of
	<u> </u>
Guardian/Sponsor's Printed Name	Applicant's Printed Name
Guardian/Sponsor's Signature & Date	Applicant's Signature & Date
Section II	
I know of no court-executed guardianship order for	
Guardian/Sponsor's Printed Name	Applicant's Printed Name
Guardian/Sponsor's Signature & Date	Applicant's Signature & Date



I hereby authorize

School District/Agency/	nospitai		
Street Address			
City	StateZi	p Code	
To release information i	n the record of:		
Name:			
Date of Birth:			
То:			
Vanguard Landing	2133 Upton Drive Suite 125 Box 2	272 Virginia Beach, VA 23454	
Purpose(s) of the disclos	sure:		
Special report(s)/docum	ent(s) to be included:		
☐ Educational	\square Developmental	\square Occupational Therapy	
☐ Medical	\square Speech/Language	☐ Observation(s)	
☐ Sociocultural	\Box Ophthalmological	☐ Eligibility Minutes	
☐ Psychological	\square Audiological	☐ Current/Most Recent IEP	



Release of Information

to be used for professional reasons of review for admissions or assistance in treatment after the candidate becomes a resident at Vanguard Landing, Inc. This authorization shall expire thirty (30) days after discharging from Vanguard Landing, Inc.		
Guardian/Sponsor's Printed Name	Applicant's Printed Name	
Guardian/Sponsor's Signature & Date	Applicant's Signature & Date	

I/We authorize Vanguard Landing, Inc. to obtain information regarding the candidate's condition



Please note that the application must be completed <u>in full</u> before it can be processed.

Please read and sign:			
I affirm that the preceding information is a complete a to the applicant's application for enrollment in Vangua			
We, the undersigned, do give our permission for Vangureferences, programs, schools, and professionals listed			
Signature of Parent/Guardian	Date		
Signature of Applicant (if appropriate)	Date		
Signature of person filling out the application if other the parent/guardian, and relationship to applicant	Date		
Vanguard Landing is an equal opportunity commurace, religion or national/ethnic origin.	nity and does not discriminate against any		



Media and Communications

Parental/Guardian Release for Interviewing, Photographing, Videorecording/Audio-recording, and Web Postings of Residents and Day Program Participants

I am the parent/guardian ofthe community life and daily living, there may someone properly authorized by the Vanguar want to interview, photograph, and/or videota Consequently, I grant permission to Vanguar by the administration of Vanguard Landing, videotapedoff community grounds.	rd Landing, Inc ape a resident a rd Landing, Inc. Inc., to intervie	. such as media representatives, may and/or day program participant, and to anyone properly authorized
This grant of permission means that, is but are not limited to, inclusion in or on Vang materials, advertisements, presentations, and and/or day program participant and the likeneany medium, including print, electronic, radio for posting student images on Vanguard Land	guard Landing, programs) info ess and name m o, and televisio	Inc. publications, promotional ormation obtained from the resident may be used in conjunction with or by on. This form also grants permission
The purposes for which this Release rare governed by all pertinent Vanguard Land	•	1
By signing this Release, I waive any of have, against the Vanguard Landing, Inc. per of information obtained from the resident and likeness.	rtaining to the re	eproduction, publication, and/or use
Parent/Guardian Printed Name		Parent/Guardian Signature
Street Address		Home Phone Number
City, State and Zip	-	Date



Confidential

Background Check Acknowledgement Form

Print Participant's Name:	
Former Name(s) & Dates Used:	
Current Address:	
Lived at Since:	
Resident's SSN:	DOB:/
I hereby authorize Vanguard Landing,	lication is correct to the best of my knowledge. Inc. to conduct a comprehensive review of my child's t and/or an investigative consumer report to be generated
Parent/Guardian Printed Name	Parent/Guardian Signature
Date	